

**Emporia State University**  
**B.S.E. Health and Physical Education – 2023-2024**

Name/EID:

CATEGORY	COURSE	Hours	COURSE/ GRADE	NOTES
<b>Foundation Courses (24 Credit Hours)</b>				
Writing	EG 101: Composition 1 <u>or</u> EG 103: Honors Composition 1*	3		<i>*Must earn a grade of C or better</i>
	EG 102: Composition 2 <u>or</u> EG 104: Honors Composition 2*	3		
Speaking & Listening (Complete 1 Course)	SP 101: Public Speaking*	3		<u>Major/Degree Requirements:</u>
Quantitative & Mathematical Reasoning (Complete 1 Course)	MA 110: College Algebra* (3) MA 111: College Algebra with Review* (5) MA 156: Principles of Mathematics* (3) MA 120: Elementary Statistics* (3)	3-5		<u>Major/Degree Requirements:</u>
Information Technology (Complete 1 Course)	IT 360: Instructional Technology for Secondary Educators*	3		<i>*It is preferred that students complete ED 220 <b>before</b> taking IT 360</i>
Life Sciences/Lab (Complete 1 Course)	GB 100: General Biology	3		<u>Major/Degree Requirements:</u>
	ZO 200/201: Intro to Anatomy and Physiology & Lab*	4		
Life Sciences/Lab (Complete 1 Course)	ES 110/111: Intro to Earth Science/Lab PH 110/111: Intro to Space Science/Lab CH 120/121: Essentials of Chemistry/Lab PH 140/141: College Physics I/Lab (P: MA 110)	5		
<b>Total Foundation Credits</b>		<b>24 - 26</b>		

<b>Creative Arts and Humanities – Complete ONE History and TWO Additional Courses</b>				
History (Complete 1 Course)	AR 225: Art History 1 – Prehistoric to Renaissance (3) AR 235: Art History 2 – Renaissance to the Present (3) HI 101: World Cultures to 1500 (3) HI 102: Modern World Civilizations (3) HI 111: US History to 1877 (3) HI 112: US History since 1877 (3) HI 302: Introduction to History (3) MU 328: Music History: Class Greece to Baroque (3) MU 329: Music History: Class Period to 21 <sup>st</sup> (3)			
Creative Arts and Humanities (Complete 2 Courses)	<b>Art</b> AR 101: Basic Drawing AR 105: Art Appreciation (2) <b>Communication</b> SP 304: Communication & Emerging Technology SP 350: Intercultural Communication <b>Theatre</b> TH 105: Theatre Appreciation (2) TH 381: Survey of Dramatic Literature TH 382: Modern Drama <b>Philosophy</b> PI 225: Introduction to Philosophy PI 301: Ethics PI 325: Social & Political Philosophy <b>Music</b> MU 124: Basic Music (2) MU 226: Music Appreciation (2) MU 324: World Music # MU 326: Focus on Fifteen Classical Music Composers <b>Literature</b> EG 207: Literary Perspectives* (P: EG 102) EG 300: Foundations in Language & Literary Studies (P: EG102) EG 320: World Literature Survey # (P: EG102) EG 331: British Literature # (P: EG102) EG 340: American Literature # (P: EG102)			<u>Major/Degree Requirements</u>

	EG 350: Folklore EG 355: Mythology EG 360: Topics in Literature by Women Writers SA 365: Introduction to Hispanic Literature (P: SA 339 or SA 359 or instructor permission)# <b>Journalism</b> JO 200: Mass Communications <b>Writing</b> EG 280: Intro to Creative Writing <b>College Wide</b> CW 310: Intro to Latin America # <b>Language</b> SA 110 Spanish Language & Culture I (5) # SA 210 Spanish Language & Culture II (5) # One Advanced Level 200 or above #			
<b>Social &amp; Behavioral Sciences – Select THREE courses from at least TWO of the following disciplines</b>				
Social and Behavioral Sciences (Complete 3 courses)	<b>HL 150: Critical Health Issues and Decisions in Society</b>	3		<b><u>Major/Degree Requirements:</u></b>  <i>Secondary Education majors must take PY 211 and two additional courses</i>  <i>Physical Education majors: Required to take HL 150</i>
	<b>PY 211: Developmental Psychology</b>	3		
	<b>Sociology</b> SO 101: Intro to Sociology SO 202: Social Problems (Spring Only) SO 261: Intimate Relationships SO 302: Intro to LGBTQ Studies # (Spring Only) SO 320: Social Stratification # (Fall Only) SO 370: Race & Ethnic Relations # <b>Economics</b> EC 101: Basic Economics BC 103: Principles of Economics I BC 104: Principles of Economics II <b>Political Science</b> PO 100: Intro to Gov & Political Science PO 121: American National Government PO 322: State and Local Gov & Politics PO 330: International Relations # <b>Geography</b> GE 101: World Regional Geography # GE 454: Cultural Geography # <b>Psychology</b> PY 100: Introduction to Psychology PY 200: Psychological Well-Being Young Adult – Old Age PY 201: Psych Well-Being Early Childhood – Young Adult <b>Anthropology</b> AN 210: Intro to Cultural Anthropology # <b>Business</b> BU 241: Personal Finance BU 393: Ethical Decision-Making in Organizations EP 301: Intro to Entrepreneurship MK 301: Principles of Marketing <b>Rehabilitation</b> RE 290: Introduction to Rehab Programs <b>Ethnic &amp; Gender Studies</b> ID 301: Issues in Ethnic & Gender Studies # <b>Well-Being</b> PE 100: Active Living (1) <b>Honors Seminar</b> CW 111: Honors Seminar 1 <b>History:</b> HI 309: Medieval Magic in Modern Culture # (Summer Only)			
<b>Cultural Awareness and Competency Requirement (3 credit hours)</b>				
	Cultural Awareness & Competency Requirement – students must take one course that fulfills Cultural Awareness & Competency goal. (Recognized Courses have a #)			
<b>General Education Credits</b>		<b>20</b>		
<b>Total General Education Credits (including Core Foundation Courses)</b>		<b>44 – 46</b>		

**NOTE:** No single course may be used to fulfill two core (major) areas simultaneously. In most cases, students may satisfy both a core (general education) requirement and a major requirement with a single course.

(\*) Must have a “C” grade  
 Must earn a 2.75 GPA in General Education Courses

# Bachelor of Science in Education – Physical Education

CATEGORY	COURSE	Hours	COURSE/ GRADE	NOTES
<b>Health and Physical Education Requirements</b>				
Physical Education (Complete 35 Hours)	PE 255: Foundations of Physical Education I	3		Students must have a 2.75 GPA in all courses applying towards their major and no grade lower than a "C".  In order to successfully progress through the chosen program, a student must complete and pass major assessments during the program as determined by the Department of HPER.  ZO 200/201, Anatomy and Physiology/Lab are prerequisites for PE 360 and PE 362.
	PE 265: Foundations of Physical Education II	3		
	PE 268: Instructional Principles in Wellness Education (Spring)	3		
	PE 320: Principles of Strength and Conditioning	2		
	PE 335: Adapted Physical Activity (P: PE 268)	3		
	PE 360: Physiology of Exercise (P: ZO 200/201)	3		
	PE 362: Kinesiology (P: ZO 200/201)	3		
	PE 365: Educational Motor Development in Wellness Education (fall)	3		
	PE 400: Innovations in Health and Physical Education Assessment (P: PE 268) (spring)	3		
	PE 480: Curriculum & Teaching Methods in Elementary PE (Spring)	3		
	PE 570: Teaching Methods in Middle/Secondary Health and Physical Education (PE 335 and PE 400) (Fall)	5		
	PE 571: Professionalism, Advocacy, and Leadership in Health and Physical Education	1		
Health Education (Complete 12 Hours)	HL 150: Critical Health Issues and Decisions in Society	3		
	HL 350: Teaching Health Risk Behavior Content (P: HL 150)	3		
	HL 352: Comprehensive Health Education (P: HL 150) (spring)	3		
	HL 450: Fundamentals in Health Education Curriculum (P: HL 350 and HL 352) (fall)	3		
<b>Professional Education &amp; Prerequisite Requirements</b>				
Professional Education and Prerequisite Requirements (Complete 6 Courses)	ED 220: Introduction to Teaching*^	2		*Must earn a "C" grade or higher  (GE) Can be used to meet General Education requirements  ^ course must be completed before admission to Phase I  + course must be completed before admission to Phase II
	PY 211: Developmental Psychology for the Education Major*^ (GE)	3		
	IT 360: Instructional Technology for Secondary Educators*^ (GE)	3		
	EL 416: Integrating Literacy Strategies Across the Secondary Content*+	2		
	SD 550: Survey of Exceptionality*+(GE)	3		
	ED 340: Using Assessment and Data in the Secondary Classroom*+	3		
<b>Phase I Checklist</b>				
<p>Before being allowed to enroll in Phase I courses (ED 333, ED 334, and PY 334), the student must complete the following admission requirements:</p> <ul style="list-style-type: none"> <li>Achieve a minimum cumulative GPA of 2.75 in the general education courses.</li> <li>Obtain junior-level classification.</li> <li>Maintain a 2.75 overall GPA.</li> <li>Earn a final grade of "C" or better in Introduction to Teaching, English Composition I and II, Public Speaking, College Algebra (or equivalent), Developmental Psychology for the Education Major, and Instructional Technology for Secondary Educators.</li> <li>Meet or exceed (and maintain) the minimum GPA requirement set by the faculty of their teaching specialty -- see academic advisor and be approved by their academic department.</li> <li>Provide documentation of the required 100 hours of supervised work experience with children or youth.</li> <li>Demonstrate English Language writing and speaking proficiency.</li> <li>Clear a criminal background check</li> <li>Undergo disposition assessment (multiple negative disposition assessments can result in denial of admission)</li> <li>Complete an application to Phase I</li> <li>Maintain a clear record of experiences with schools and minors; evidence that issues exist with school placements or experiences, or of inappropriate interaction with minors, regardless of whether formal legal charges or complaints have been made, prior to Phase I can result in denial of admission.</li> </ul>				
Phase 1 (Complete 9 Hours)	ED 333: Principles of Secondary Education	4		Sometime after completion of the sophomore year, the student will complete all of the following courses in one semester
	ED 334: Classroom Management	3		
	PY 334: Educational Psychology	2		

## Admission to Phase 2 Checklist

For admission to Phase II, the student teaching phase of Emporia State's teacher education program, a student must meet the following standards:

- Senior-level or post-baccalaureate classification in the university.
- A cumulative grade-point average of at least 2.75.
- Meet minimum program grade-point average requirements.
- Minimum of "C" grade in all professional education courses.
- Health clearance must be completed to be in a school setting.
- Disclosure Statement must be completed and signed.
- Complete all application processes.
- Obtain signed discipline approval for each licensure area
- Have permission of the Secondary Admissions Committee
- Participate in personal interview when requested by the academic area or the Secondary Admissions Committee.
- Be recommended by five designated instructors.

Phase 2 (Complete 12 Hours)	LE 487: Student Teaching – Secondary	12		During one semester of the senior year
	ED 431: Performance Assessment for Student Teaching	0		

During the Student Teaching Semester (or before applying for licensure), the student must pass the Principles of Learning and Teaching Exam and content area exam(s).

### Recommended Electives (Not Required for Licensure)

Electives	ED 535: Cultural Awareness for Educators	3		
	PY 441: Tests and Measures	3		

### Minimum GPA Requirements

- 2.75 grade point average overall
- 2.0 grade point average in all courses taken at ESU
- 2.75 grade point average in General Education courses
- Must earn a grade of at least a "C" in all courses that applied to their major

### Total Hours & Residency Requirements

- 120 semester hours (minimum)
- 45 upper-division hours
- 60 hours completed at a four-year college or university

Residency Requirements:

- Earn 30 of the final 45 hours in residence, of which 6 of the final 12 hours must be in residence.
- A minimum of 4 semester hours toward the major must be completed at Emporia State University

### Additional Information

This plan prepares the student to teach physical education at the PreK-12 grade level. It also provides preparation for advanced degree work in physical education and related fields. The student develops expertise which may lead to employment in the areas of athletic administration, wellness/fitness programs, and various private agencies such as Red Cross and YM-YWCA.

- Minimum Degree Requirements
  - Following the \_\_\_\_\_ semester \_\_\_\_/120 = \_\_\_\_ units needed
  - Following the \_\_\_\_\_ semester \_\_\_\_/45 = \_\_\_\_ upper division units needed